

Homework Strategies (Asperger Syndrome)

- Create good routines and clear expectations.
- Set time limits, i.e. if your child struggles with long tasks, use a timer and break the work down into smaller ten minute sections. Allow a 5 minute break between each section.
- Long-term homework will need to be broken down into more manageable chunks, i.e. complete a small part of the homework each night rather than leaving the task to the night before it needs to be returned.
- Create a quiet space which will help your child to complete the homework effectively.
- Have a set time for homework, e.g. 15 minutes chill time, then homework.
- Put a homework timetable on the wall.
- Check the reading journal and school book bag every day.
- Stay in school clothes for half an hour homework time, before changing into 'home clothes'.
- Keep in regular contact with school so that any successes/concerns can be shared. These can then be either built upon so that your child experiences more success or addressed quickly before they become more of a concern.
- Reward improvement.